Having A Bad Hair Day?

No? Well I certainly was below, on route to the top of Ben Nevis Oct 2001. It was a bit different form Bognor, but I enjoyed the experience so much that I have since been up Snowdon (Nov 01) & on the Brecon Beacons (Jan 02) as well! So why am I doing this? It's all training for March 2002, when I will be embarking on a challenge of lifetime – trekking in the spectacular Torres del Paine National Park, Southern Chile in aid of **MENCAP**. I have paid £250 towards the cost of this 45-hour trek.



Just below the line and before rain and the really started...

I have pledged to raise £3,000 by March, to help them with their vital services for children & adults enable them to live as full citizens. I have a little way to go....

Can you help me achieve this by sponsoring me? ALL pledges or, preferably upfront donations (MENCAP need a proportion of the money to secure my place on the trek) of any size are gratefully received and details of my progress will be available to all my sponsors.

I am also looking for raffle prizes & other non-financial donations for events such as cake sales. If you feel you could help or would like any further information please feel free to contact me, I would be happy to discuss the challenge & Mencap's work.

Please make any cheques payable to 'Charity Fundraising A/C'.

Thank you very much - together we can make a difference!

Michelle Elliott c/o B4 Hawthorn Rd, Wick, Llittlehampton, W Sx BN17 7LR Email:<u>Michelle@spotty.net</u> Tel:01903 731500(w)

There's now a website: <u>www.spotty.net/chile</u>



The Torres Del Paine, granite peaks that are over 2000m

PS Over 300 babies will be born with learning disabilities whilst I am trekking.



At the Arun Leisure Centre. Supporting & training Michelle Elliott–Chile trekker

mencap the learning disability charity

Pictures from Chile Trek 2001 courtesy of David Head. Registered Charity number: 222377

Name, Address & Email of Sponsor		Amount (delete as ap	oplicable)
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